

Cheema Bullying Policy

What Is Bullying?

Most kids have been teased by a sibling or a friend at some point. And it's not usually harmful when done in a playful, friendly, and mutual way, and both kids find it funny. But when teasing becomes hurtful, unkind, and constant, it crosses the line into bullying and needs to stop.

Bullying is intentional tormenting in physical, verbal, or psychological ways. It can range from hitting, shoving, name-calling, threats, and mocking to extorting money and treasured possessions. Some kids bully by shunning others and spreading rumors about them. Others use email, chat rooms, instant messages, social networking websites, and text messages to taunt others or hurt their feelings

<http://kidshealth.org/parent/emotions/behavior/bullies.html>

Cheema has a NO Bullying Policy.



Strike One

If a child has been identified as participating in bullying behaviour, he or she will be spoken to by a coach and will apologize for his/ her behaviour. The parents of both parties will be notified in writing by the Supervisor.

Strike Two:

If the same child is found to be continuing the behaviour against the same or a different child, the parents will be contacted and he or she will be sent home for the day. The parents of the bullied child will be notified by phone and will be fully informed about the situation and what the consequences are. The incident will be documented.

Strike Three

If the same child is found to be bullying again, both sets of parents will be called and the child will be sent home. The situation will be brought before the Discipline Committee and the child may be removed from the program without refund. The child will remain at home until the Discipline Committee has had a chance to investigate properly and meet with all parties including parents of both parties.



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The coaches and the Supervisor will be very careful in determining bullying. As with any child based program, there will also be many situations where misbehaviour occurs that may be attributed to a lack of maturity and impulse control but not necessarily intentional tormenting. In these cases, the Discipline Policy will be implemented.

This policy extends to social media and other technologies if it concerns two or more members of the Cheema Aquatic Club.

This policy is in place for all programs, regattas, trips, camps and sanctioned events of the Cheema Aquatic Club.